



Opens
9/2

OWENSBORO FAMILY YMCA

Infant | Toddler | Early Preschool State Licensed Childcare Center

- ✓ MONDAY-FRIDAY 7:30 AM - 5:45 PM
- ✓ \$175/WEEK (MEMBERS)
- ✓ \$225/WEEK (NON-MEMBERS)
- ✓ \$200 Non-refundable supply & registration fee

-registration is not accepted until fee is paid.

***State CCAP funds accepted and financial assistance is available.**



**REGISTER
TODAY!**



QUESTIONS?
KRISTI@OWENSBOROYMCA.ORG



VISIT OUR WEBSITE TO REGISTER
OWENSBOROYMCA.ORG/CHILDCARE

900 KENTUCKY PARKWAY | OWENSBORO, KY | 42301



Owensboro Family YMCA

Infant & Toddler

Child Care

Frequently Asked Questions



- | | | |
|-------|---|--|
| 1 | What are the costs of child care? | <ul style="list-style-type: none">• One time, annual registration and supply fee (for each child) must be paid to secure spot: \$200.00/year.• \$175 per child per week for YMCA members / \$225 per child per week for non-members; drafted on Fridays for the next week. |
| <hr/> | | |
| 2 | What forms are required for my child to be enrolled in the facility? | <ul style="list-style-type: none">• Current official immunization record• Enrollment packet• If child has allergies, a certification note from his or her doctor |
| <hr/> | | |
| 3 | What are your hours of operation? | <ul style="list-style-type: none">• 7:30 AM – 5:45 PM• A charge of \$1 per minute past 5:45 PM will be charged to your account if incurred.• Child care will be closed on state and federal holidays. See the closure calendar for full details. |
| <hr/> | | |
| 4 | What are the procedures for drop off and pick up? | <ul style="list-style-type: none">• Drop off is from 7:30 – 8:30 AM. You must bring your child and his or her belongings up to the classrooms on the second floor. Doors will open at 7:30 AM.• When staff receive your child, he or she will be signed into Brightwheel, our childcare communication portal.• Pick up is from 4:45–5:45 PM; please come to their classroom and ring door bell. Teachers will gather their belongings and bring your child out to you. <p>*Children must always be accompanied by an adult.</p> <p>*If you drop off or pick up outside of designated hours, visit the front desk, and staff will alert your child’s teachers. You will be invited up when the teacher is ready. Sending a Brightwheel message requesting special pick ups is helpful, but please realize staff have limited access to devices.</p> |
| <hr/> | | |
| 5 | What do I need to pack for my child? | <ul style="list-style-type: none">• Extra clothes: Labeled and in Ziploc bag (at least one pair)• Diapers and wipes (24 diapers recommended per week); you will be notified when running low• Infants only:<ul style="list-style-type: none">◦ Pacifiers with clip (for sanitary purposes, they must have a clip)◦ Baby food and spoons if applicable◦ LABELED Bottles: formula must be sent pre-measured with coordinating bottle filled with water. Breastmilk should be sent in individual bottles and will be refrigerated until feeding time.• Bedding (See reference to left)<ul style="list-style-type: none">◦ Infants: 2 sheets for crib (sleep sacks provided)◦ Toddlers: 2 sheets for cot and blanket |

Infant Crib	38 in	24 in
Toddler Cot	52 in	21 in

6	What food is provided?	<ul style="list-style-type: none"> • Breakfast, lunch, and afternoon snacks are provided for our toddler rooms. Approved menu will be provided. • Infant room food, serving utensils, and bottles must be provided by parents/guardians. <p>*If you choose to pack food for your toddlers, food must meet the meal component requirements.</p>
7	What happens if my child gets sick during the day?	<ul style="list-style-type: none"> • Contacts will be notified and pick up is required within 30 minutes.
8	How will I be notified of updates and emergencies?	<ul style="list-style-type: none"> • Updates and photos will be provided on the Brightwheel App. • Phone calls will be made in case of emergency.



**We're looking
forward to
getting to know
you and your
child!**

We are a state licensed Type 1 Center. There will always be a minimum of 2 staff in each room. Staff are First Aid/CPR/AED certified, fingerprinted, TB tested, and state-regulation trained. All rooms are monitored with cameras. Staff use a state-approved curriculum to support development. Childcare handbooks will be provided to each family.

OWENSBORO FAMILY YMCA INFANT & TODDLER CHILD CARE

2025-2026 CLOSURE CALENDAR
***M-F OPERATIONS ARE STANDARD**

SEPTEMBER

September 1

OCTOBER

NOVEMBER

November 11
November 27 & 28

DECEMBER

December 25 & 26
December 29 - 31

JANUARY

January 1 & 2
January 19

FEBRUARY

MARCH

APRIL

April 3

MAY

May 25

JUNE

June 19

JULY

July 3

AUGUST

 **Owensboro Family YMCA**

900 Kentucky Pkwy
Owensboro, KY 42301

 (270) 926-9622

 www.OwensboroYMCA.org



Breakfast

[illegible]

How to calculate if the a cereal meets CACAFP requirements

Step 1: Find the Nutrition Facts Label on the package

Step 2: Write down the number of grams of Sugars.

Step 3: Find the Serving Size, and write down the number of grams

Step 4: Divide the grams of Sugars by the Serving Size number (in grams).

Step 5: If the answer is 0.212 or less, the cereal is below the sugar limit and is creditable

2025-2026 School Calendar

August						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November							December							January						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1													1	2
2	3	4	5	6	7	8		1	2	3	4	5	6		4	5	6	7	8	9
9	10	11	12	13	14	15		7	8	9	10	11	12	13						
16	17	18	19	20	21	22		14	15	16	17	18	19	20		11	12	13	14	15
23	24	25	26	27	28	29		21	22	23	24	25	26	27		18	19	20	21	22
30								28	29	30	31					25	26	27	28	29

February							March							April						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	5	6	7	8	9	10	11
15	16	17	18	19	20	21	15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	22	23	24	25	26	27	28	19	20	21	22	23	24	25
							29	30	31					26	27	28	29	30		

May						
S	M	T	W	Th	F	S
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3	4	5	6	7	8	
10	11	12	13	14	15	
17	M1	19	M2	M3	M4	
24	25	M5				

Holiday Meal

Make up days

No School for Students

Snack

Monday	Tuesday	Wednesday	Thursday	Friday	
WG Cheez-It's - .75 oz 21g	Sunflower Seeds -1 oz 6g	WG Cereal - 2 oz 56g	Scooby Grahams	Sliced Apples	
Cheese Stick - 1 oz 1m	Juice - 6 oz	Milk - 8 oz	Juice - 6oz	Milk - 8 oz	
Milk - 8 oz			Milk - 8 oz		
				</	

Monday	Tuesday	Wednesday	Thursday
Week 1			
Chicken Strip Basket	Pork Chop Patty	BBQ Pork	Cheeseburger
Gravy, Garlic Toast	Mashed Potatoes		Sandwich Toppings
Corn on the Cob	Roasted Brussel Sprouts	Pinto Beans	Chip of the day
Steamed Broccoli	Glazed Carrots	Cole Slaw	Black Bean Salsa
Pudding	Homemade Roll	Macaroni & Cheese	Veggies & Dip
Veggie & Dip	Fruit Variety	Homemade Roll	Jello
Fruit Variety	Juice Variety	Cake	Fruit Variety
Wango Mango	Milk Variety	Fruit Variety	Juice Variety
Juice Variety	Cookie	Juice Variety	Milk Variety
Milk Variety		Milk Variety	
Week 2			
Breaded Chicken Sandwich	Chicken & Cheese Quesidilla	Pasta Bar	Taco Salad
Baked Beans	Fiesta Rice	Meat, Marinara, Alfredo Sauce	Tostitos, Fiesta Rice, Lettuce,
Veggies & Dip	Salsa	Roasted Vegetables	Tomato, Shredded Cheddar, Salsa
Sandwich Toppings	Garden Salad	Breadstick	Queso
Chip of the day	Corn	Caesar Salad	Black Bean Salsa
Pudding	Cookie	Cake	Garden Salad
Fruit Variety	Fruit Variety	Fruit Variety	Jello
Wango Mango	Juice Variety	Juice Variety	Fruit Variety
Milk Variety	Milk Variety	Milk Variety	Juice Variety
			Milk Variety
Week 3			
Lasagna	Sloppy Joe Sandwich	Sweet Tai Chili Boneless Wings	Chili
Breadstick	Potato Salad	Roasted Potatoes & Carrots	Grilled Cheese
	Green Beans	Garden Salad w/Ranch	Veggies & Dip
Corn	Cookie	Breadstick	Fruit Variety
Caesar Salad	Fruit Variety	Cake	Juice Variety
Pudding Variety	Juice Variety	Fruit Variety	Milk Variety
Fruit Variety	Milk Variety	Juice Variety	
Juice Variety		Milk Variety	
Wango Mango			
Milk Variety			
Orange Chicken	Crispitos w/Cheese Sauce	Sub Sandwich	Chicken Fettuccini
Fried Rice	Salsa & Sour Cream	Sandwich Toppings	Breadstick
Stir Fry Veggies	Corn	Chip of the day	Steamed Broccoli
Asian Slaw	Garden Salad	Veggies & Dip	Caesar Salad
Salad w/Ranch	Veggies & Dip	Potatoe Salad	Veggies & Dip
Veggies & Dip	Cookie	Cake	Jello
Pudding Variety	Fruit Variety	Fruit Variety	Fruit Variety
Fruit Variety	Juice Variety	Juice Variety	Juice Variety
Wango Mango	Milk Variety	Milk Variety	Milk Variety
Juice Variety			

2025-2026 School Calendar

August							September							October						
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					1	2		1	2	3	4	5	6				1	2	3	4
3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25
24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31	
31																				

November							December							January							
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	
						1		1	2	3	4	5	6						1	2	3
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24	
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1	2	3	4	5	6	7	1	2	3	4	5	6	7					1	2	3	4
8	9	10	11	12	13	14	8	9	10	11	12	13	14	5	6	7	8	9	10	11	
15	16	17	18	19	20	21	15	16	17	18	19	20	21	12	13	14	15	16	17	18	
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May						
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					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	M1	19	M2	M3	M4	23
24	25	M5				

 Holiday Meal
 Make up days
No School for Students

Required Meal Components

**Parents are responsible for providing all components

Breakfast

Milk plus 2 other components:

- Bread/Grain
 - ♦ Can be exchanged for meat/meat alternative up to 3 times/week
 - ♦ Dry cereal must be 6g of sugar or less per dry ounce
- Meat/Meat Alternative
- Fruit/Vegetable/100% juice

Snacks

Pick 2 components:

- Milk
- Bread/Grain
- Meat/Meat Alternative
- Fruit/Vegetable/100% juice

Lunch/Dinner

Must have all 4 components:

- Milk
- Bread/Grain
- Meat/Meat Alternative
- 2 different vegetables OR one fruit AND one vegetable

Unflavored Milk

Whole
Ages: 12-24 Months
4 ounces per Serving*

Skim or 1%
Ages: 2 Year Olds
4 ounces per Serving*

Skim or 1%
Ages: 3-5 Year Olds
6 ounces per Serving*

Skim or 1%
Ages: 6+Year Olds
8 ounces per Serving*

Fruits

Consider Berries, Apples, Oranges, Kiwi, Watermelon, Pears, Pineapple, Bananas, etc.

- 100% fruit juice served maximum one time a day
- Juice shall not be served to children under 12 months

Vegetables

Consider green vegetables such as Broccoli, Green Beans, Peas, Asparagus, Zucchini, Lettuce, Cucumber etc.

Other vegetables: Carrots, Peppers, Squash, etc.

Meat/Meat Alternatives

Consider Lean meats, Fish, Poultry, Tofu, Soy products, cheese (including cottage or ricotta cheese), Eggs, Cooked dry beans, Peanut or soy nut butter, Yogurt (plain or flavored), Peanuts, Soy nuts, Tree nuts, or Seeds

- No imitation cheese
- Yogurt should have 23g of sugar or less per 6 ounce serving
- Consider nut allergies

Bread/Grains

Consider whole grains such as Bread, Crackers, Tortillas, Tortilla Chips, Rice, Quinoa, Pasta, etc.

- Bread/Grain shall only consist of whole or enriched grains.
- Bread/Grain-based desserts shall not replace the bread/grain component

*All serving suggestions are a minimum. **Drinks shall not have added sugar. Children must be offered only water, milk, or 100% juice with meals and snacks.



BLANKET DIAPER CREAM RELEASE

Child's Name: _____

Date Range: From _____ to _____

Parent Signature: _____

Please apply _____ to prevent
(Name of diaper cream product)

diaper rash/redness. I have provided the diaper cream product labeled with my child's name.

Please apply the diaper cream product to my child

_____ At each diaper change

_____ Only when redness is present.

I have provided the diaper cream labeled with my child's name.

REGULATORY COMPLIANCE

Staff are required to administer medication according to the directions or instructions on the medication's label.

Sunscreen and diaper ointment can be given with a blanket permission form.

922 KAR 2:120 Section 7

(5) The child care center shall keep a written record of the administration of medication, including:
(a) Time of each dosage
(b) Date;
(c) Amount;
(d) Name of staff person giving the medication
(e) Name of the child; and
(f) Name of the medication

Staff must complete Administration Record. The record must be kept on file for five (5) years.