



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Owensboro Family YMCA Pool Schedule

Winter 2024

Begins 1/2/24

Key: (#) = number of lanes for activity

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 AM		Masters (2) 6:30-7:30am		Masters (2) 6:30-7:30am		Pool Closed	Pool Closed
7:00 AM		Lap (3) 6:30-7:30am		Lap (3) 6:30-7:30am			
8:00 AM	Lap (2) 6:30-10am	Lap (2) 7:30-8:45am	Lap (2) 6:30-10am	Lap (2) 7:30-10am	Lap (2) 6:30-9:30am	Lap (2) 7:30-9am	
9:00 AM	Open Swim (3) 6:30-10am	Open Swim (3) 7:30-8:45am	Open Swim (3) 6:30-10am	Open Swim (3) 7:30-10am	Open Swim (3) 6:30-9:30am	Open Swim (3) 7:30-9am	
		Homeschool Swim Lessons(2) 8:45-10am					
		Lap (1) 8:45-10am					
		Open Swim (2) 8:45-10am					
					Swim Lessons (2) 9:30-11am	Swim Lessons (2) 9am-12pm	
10:00 AM	Aquacise (5) 10-11am	Aquacise (5) 10-11am	Aquacise (5) 10-11am	Aquacise (5) 10-11am	Lap (1) 9:30-11am	Lap (1) 9am-12pm	
11:00 AM					Open Swim (2) 9:30-11am	Lap (1) 9am-12pm	
12:00 PM	Lap (2) 11am-1pm	Lap (2) 11am-1pm	Lap (2) 11am-1pm	Lap (2) 11am-1pm	Lap (2) 11am-1pm	Open Swim (2) 9am-12pm	
	Open Swim (3) 11am-1pm	Open Swim (3) 11am-1pm	Open Swim (3) 11am-1pm	Open Swim (3) 11am-1pm	Open Swim (3) 11am-1pm		
1:00 PM	Lap (1) 1-2pm	Lap (1) 1-2pm	Lap (1) 1-2pm	Lap (1) 1-2pm		Lap (2) 12-4pm	Lap (2) 1-4pm
	Aquacise (4) 1-2pm	Aquacise (4) 1-2pm	Aquacise (4) 1-2pm	Aquacise (4) 1-2pm		Open Swim (3) 12-4pm	Open Swim (3) 1-4pm
2:00 PM	Pool Closed 2-4pm	Pool Closed 2-4pm	Pool Closed 2-4pm	Pool Closed 2-4pm	Pool Closed 1-4pm		
3:00 PM							
4:00 PM	Lap (2) 4-5pm	Lap (2) 4-5pm	Lap (2) 4-5pm	Swim Lessons (2) 4-7pm	Lap (2) 4-6pm	Private Party Rentals 4-6pm	Private Party Rentals 4-5pm
	Open Swim (3) 4-5pm	Open Swim (3) 4-5pm	Open Swim (3) 4-5pm		Open Swim (3) 4-6pm		
5:00 PM	Swim Lessons (2) 5-7pm	Swim Lessons (2) 5-6:45pm	Swim Lessons (2) 5-7pm	Lap (1) 4-7pm		Private Party Rentals 4-6pm	Pool Closed
				Open Swim (2) 4-7PM	Barracudas (2) 6-7pm		
6:00 PM	Lap (1) 5-7pm	Lap (1) 5-6:45pm	Lap (1) 5-7pm		Lap (1) 6-7pm		
	Open Swim (2) 5-7PM	Open Swim (2) 5-6:45pm	Open Swim (2) 5-7PM	Lap (2) 7-8pm	Open Swim (2) 6-7pm	Pool Closed	
7:00 PM	Lap (1) 7-8pm	Lap (2) 6:45-8pm	Lap (1) 7-8pm	Open Swim (3) 7-8pm	Pool Closed		
	Water Exercise (4) 7-8pm	Open Swim (3) 6:45-8pm	Water Exercise (4) 7-8pm				
8:00 PM							