

Owensboro Family YMCA

Our Values: Respect, Responsibility, Honesty, Caring and Faith

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A Message From The CEO

Core values: these are important beliefs that “drive” our goals, our dreams, our everyday conduct. They also mold our character. At our Y, we promote 5 core values...Faith, Honesty, Caring, Respect, and Responsibility. We believe that these values capture our shared beliefs.

There are certainly other great values to claim...peace, love, equality, togetherness....but the 5 Y values are a basis to build upon. Character development, especially in our youth, is so important in building good citizenship, and our Y is always stepping up to help with that character building in our members and staff. Please help us to model and share our Y values, not only at our Y, but in your everyday life. God bless!

Sincerely, John C Alexander, CEO

Owensboro Family
YMCA

270-926-9622
hello@owensboroyymca.org
900 KY Parkway Owensboro, KY 42301
www.owensboroyymca.org



ANNUAL CLEANING POOL CLOSURE

Monday, September 4 - Saturday, September 9



Questions or Interested in Volunteering?
Contact: Courtney McKearin, Director of Aquatics
courtney@owensboroyymca.org or call 270-663-8209



CLOSED on
Labor Day

THANK YOU
FOR MAKING
A DIFFERENCE

HAPPY LABOR DAY

Thank you,
Southern Star
Central Gas
Pipeline & Daviess
Co. Extension Office
(Horticultural) for
all the hard work
improving our
landscaping!



26
SEPT
2023

Retirement
Celebration
IN HONOR OF
John C. Alexander



5:30
TO
7:30
PM

KWC - Jack T. Wells Center
3300 Frederica Street
Owensboro, KY 42301

RSVP BY 9/15/23

kristi@owensboroyymca.org
270-663-8803

MARYAM S.



"Y" I LOVE the Y"

"We have been a member for about a year, so in love with this amazing place and all the easily accessible facilities that it offers. The staff is amazing and very welcoming. Allie is specially wonderful to work with".

UPCOMING PROGRAMS

- All Stars Level 4! Afterschool Childcare Program: Contact Director of Childcare, Jacob@owensboroyymca.org for more info.
- Basketball League (7-8, 9-11yrs): Starts Tue Sept. 5, Ages 6-8 & 9-11
Members: \$60+tax
Registration closes Aug. 30
- Self Defense (Adults 21 years+): Sat Oct. 21-Dec. 16 @ 11am-12pm
Members \$100+tax
Registration closes Oct 11
- Little Movers (1-3yrs): Sep 5-26 AND Oct 3-24, Tue @ 11:15am-12pm
Members: \$30=tax
- Homeschool Play & Swim (school age children): Fridays @11am-1pm
Members: FREE
- KIDS NIGHT OUT'-Pool Party (5-12 yrs): Sep 9, Sat @ 5:00-800 PM
Members: \$20+tax
- Cheer & Tumble (7-12yrs): Sep 13, 20, 27 Wed @5:45-6:45pm
Members: \$15+tax
- Barracuda Developmental Team: Oct 6-Dec 8, Fri @ 6-7pm
Members: \$65+tax
- Barracuda Intermediate Team: Oct 6-Dec 8, Fri @ 6-7pm
Members: \$65+tax
- Masters Swim Team (18+): Sep 11- Oct 7 Tue & Thu @ 6:30-7:30am
Members: \$35+tax

YOUTH DEVELOPMENT



REGISTER ONLINE

FALL SWIM LESSONS

Session 1: September 11- October 7 * Session 2: October 16-November 11
(4 wks, \$30+tax)

- Parent Tot Swim Lessons: Mondays @5-5:30pm *OR* Fridays @9:30-10am *OR* Saturdays @11:10-11:40am
- PreK Level 1 Swim Lessons: Tuesdays @5:00-5:30pm *OR* Fridays @10:15-10:45am *OR* Saturdays @9:10-9:40am
- PreK Level 2 Swim Lessons: Mondays @5:40-6:10pm *OR* Thursdays @4:20-4:50pm *OR* Saturdays @9:10-9:40am,
- PreK Level 3 Swim Lessons: Thursdays @5-5:30pm
- School Age Level 1 Swim Lessons: Mondays @6:20-6:50pm *OR* Thursdays @5:40-6:10pm *OR* Saturdays @10:30-11am
- School Age Level 2 Swim Lessons: Tuesdays @5:40-6:10pm *OR* Thursdays @6:20-6:50pm *OR* Saturdays @9:50-10:20am
- School Age Level 3 Swim Lessons: Tuesdays @6:15-6:45pm *OR* Saturday 9:50-10:20am
- School Age Level 4 Swim Lessons: Saturdays @11:10-11:40am
- Teen/Adult Level 1/2 Swim Lessons: Saturdays @10:30-11am
- Homeschool Swim Lessons: Tuesdays 9:15-9:45am



REGISTER IN-PERSON

Mon-Fri, 3-6pm
Sat, 9am-12pm

Welcoming Week

WELCOME
XIMOCEHUITZINO
SUKKATAVVKE
MAUYA
DALALAKOIAM
CHAO MUNG
SIYAKWAMUKELA
BENEVENUTO
HAYKUYUY
HOSSELDINZ
KÁABO
WITAMY
AROMAN
WELINA
BEM-VINDOS
WAMKELEKLE
KARIBE
BIENVENIDOS
BIENVENUE
SELAMAT DATANG
AKWAABA
BOYEI BOLAMU
OKAN YUL
ZOO SIAB TXAISTOS
KARIBU
SOD OHAWOW
EKOMO MAI
MABUHAY

September 8-17

Wish List

- Yard games (Cornhole, Giant Jenga, etc.)
- Sidewalk chalk & bubbles
- 5 Hula hoops for swim lessons
- 10 pool noodles for swimming
- Bag of ball pit balls
- Volunteers to pull weeds
- Secret Shoppers to evaluate customer service (contact Membership Director)

JOIN OUR TEAM

CERTIFIED LIFEGUARDS

Certificate must be current through American Red Cross or equivalent

APPLY ONLINE

[HTTPS://OWENSBOROY/MCA.ORG/](https://owensboroyymca.org/apply-online/)

OR EMAIL

ACQUATECH@OWENSBOROY/MCA.ORG

FLEXIBLE WORK SCHEDULES

FREE INDIVIDUAL MEMBERSHIP

COMPETITIVE PAY

900 Kentucky Parkway, Owensboro KY 42301 * 270-926-9622
www.Owensboroyymca.org * hello@owensboroyymca.org

POTLUCK

SENIOR HEALTH & FITNESS DAY



Senior YMCA Members

SAVE THE DATE

Friday, October 20 @ 11:15am

2nd Floor, Up Studio

Sign up sheet will be available in October

SEPTEMBER 18-22



STOP BY AND CHECK OUT OUR GUEST PRESENTERS!

DID YOU KNOW THAT FALLS...



are the leading cause of injury related ER visit for older adults?



are the major cause of hip fractures?



are responsible for more than half of fatal head injuries?

FALLS PREVENTION AWARENESS WEEK

TRY IT

THURSDAYS

Bring a friend to any Owensboro Family YMCA fitness class for FREE on any Thursday. Must be 18 yrs+, limit 1 visit/yr per person.

Register @ Courtesy Counter.