



Owensboro Family YMCA

Our Values: Respect, Responsibility, Honesty, Caring and Faith

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FROM THE CEO

Perspective; I've had many wise people tell me to always keep things in perspective. That becomes difficult when you break a leg, are involved in an auto accident, or lose a family member. It is also hard to keep while operating a YMCA when the AC fails, a key staff member leaves, or the pool has to be closed for lightening or a biological accident. But trusting in God helps to keep the needed perspective, and He has blessed our Y in so many ways. Consider your perspective as your travel life's road, and also consider relying more on God to "keep things in perspective."

Sincerely,
John C. Alexander, CEO



YMCA Member & Staff
APPRECIATION
Friday, July 21st from 11 - 1




WE  OUR YMCA
**NO RSVP NEEDED.
JOIN US OUT FRONT!**



This team is the cream of the crop!!! We are the only state licensed 4-star quality rated afterschool and summer camp program in Owensboro. Over the decades, the YMCA been marked as a 1-star facility. It's with tremendous dedication, hard work, and intentional commitment to serve our community with excellence that this rating has been achieved.



FAMILY ZUMBA TUES/THURS
4:30PM-5:30PM
ZUMBA & ABS SAT 10AM-11AM

Owensboro Family
YMCA

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900 KY Parkway Owensboro, KY 42301
www.owensboroymca.org





"Y" I LOVE the Y":

"I love to exercise, meet new people, and it's an opportunity to get out of the house."

UPCOMING PROGRAMS:

- YMCA/KWC Boys Basketball Camp Ages 5-8 Half Day & Ages 9-16 Full Day July 24th-July 27th
- Cheer & Tumble 7-12 age group, Wed 5:45-6:45pm July 12th, 19th, 26th; Members: \$15+tax
- Summer camp is full; contact jacob@owensboroyymca.org to join the waitlist.

JULY SWIM LESSONS

- Parent Tot Swim Lessons: Mondays @5-5:30pm *OR* Fridays @9-9:30am *OR* Saturdays @8:30-9am *OR* Saturdays @9:10-9:40am *OR* Saturdays @11:10-11:40am 4 wks, Members: \$30+tax
- PreK Level 1 Swim Lessons: Mondays @5:45-6:15pm *OR* Fridays @9:10-9:40am *OR* Saturdays @9:10-9:40am, 4 wks, Members: \$30+tax
- PreK Level 2 Swim Lessons: Mondays @5:45-6:15pm *OR* Thursdays @5:40-6:10pm *OR* Saturdays @9:10-9:40am, 4wks, Members:\$30+tax
- PreK Level 3 Swim Lessons: Thursdays @5-5:30pm, 4wks, Members: \$30+tax
- School Age Level 1 Swim Lessons: Tuesdays @5-5:30pm *OR* Thursdays @5-5:30pm *OR* Saturdays @10:30-11am, 4 wks, Members: \$30+tax
- School Age Level 2 Swim Lessons: Tuesdays @5:40-6:10pm *OR* Tuesdays @6:15-6:45pm *OR* Thursdays @5:40-6:10pm, 4wks, Members: \$30+tax
- School Age Level 3 Swim Lessons: Saturdays @9:50-10:20am, 4 wks, Members: \$30+tax
- School Age Level 4 Swim Lessons: Fridays @5:40-6:10pm, Members: \$30+tax
- Teen/Adult Level ½ Swim Lessons: Saturdays @10:30-11am, 4wks, Members: \$30+tax ← 



Little Movers

AGES: 1 - 3

This program is an introductory course to exploring movement! We will play games, navigate obstacle courses, learn new skills, listen to music, and most importantly have fun! Stay tuned for registration dates and fees!

KWC Basketball Camp

Ages 5-8 Junior Panthers
9am-12:30pm

Ages 9-16 Senior Panthers
9am-3pm



Monday, July 24th-Thursday, July 27th

Wish List

- Yard games (Cornhole, Giant Jenga, etc)
- Secret Shoppers to evaluate customer service (contact Membership Director)
- Sidewalk chalk & bubbles
- Volunteer-pull weeds, trim bushes, etc.