

YMCA OPERATING HOURS

Monday – Friday: 5am-8pm

Saturday: 7am-4pm

Sunday: 1pm-4pm

24-hour wellness area access is available for those members with fobs

Pool Hours

Mon & Wed: 6:30-10am;
11am-1pm; 4 -7pm
Tues & Thurs: 6:30-10am;
11am-1pm; 4 -7:45 pm
Fri: 6:30am–1pm;
4-7pm
Sat: 7:30am–3:30pm
Sun: 1-3:30pm



Registration Hours

Mon-Fri: 3-6pm
Sat: 9am-12pm

Wee Care Hours

Mon-Thurs:
9:00-11:00am and
3:30-6:30pm

Fri:
9:00-11:00am