

# 2020 IMPACT REPORT OWENSBORO FAMILY YMCA

MISSION: TO PUT CHRISTIAN PRINCIPLES INTO PRACTICE THROUGH PROGRAMS AND SERVICES THAT BUILD A HEALTHLY SPIRIT, MIND AND BODY FOR ALL.

## SENIORS SERVED:

827 SilverSneakers Members  
12,460 SilverSneakers Visits

After my medical doctor suggested exercise to help improve my injuries I visited YMCA personal trainer, Josh Booker. I was going to work with him for one month and I am now in my 6th year and would recommend him to anyone who wants to feel better!



-Carol Ralph, 8-year member



## MEMBER SPOTLIGHTS:

3,175 Members  
60,370 Wellness Visits  
1560 Free Fitness Classes Completed  
68 Swim Lessons Delivered  
479 Personal Training Sessions Delivered



## COMMUNITY PARTNERSHIPS:

Church Youth Groups  
Daviess County Public Library  
Friends of Sinners  
Kentucky Wesleyan College  
Mary Kendall Home  
Owensboro Regional Recovery  
River Valley Behavioral Health  
Salvation Army  
St. Benedict's Homeless Shelter  
St. Joseph's Peace Mission  
The Senior Center  
United Way of Ohio Valley

## YOUNG LEADERS LUNCHEON EVENT:

On July 21 we celebrated outstanding youth in our local high schools with corporate supporters. Guest speaker, Coach McDonnell, University of Louisville baseball coach spoke about the parallel qualities he instills in his players: character, integrity, and excellence.



## GRANTS RECEIVED:

- \$26,000 YMCA of the US
- \$10,000 BB&T (now Truist)
- \$10,000 Killian Foundation
- \$5,850 Green River Area COVID-19 Response Fund
- \$5,000 Greenwell Foundation
- \$3,500 Rotary Club of Owensboro
- \$1,000 Public Life Foundation
- \$500 Owensboro Health



SilverSneakers  
in Action!

## FINANCIAL ASSISTANCE:

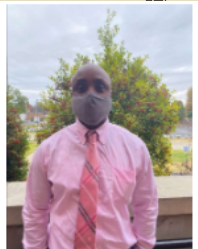
- \$62,078 given in member financial assistance
- \$17,900 given in childcare assistance



## CHILDCARE HIGHLIGHTS:

- Afterschool transportation, homework assistance, and programming provided for 80 days to 40 children
- Full day virtual education support and active programming for 180 days to 37 different children.
- Newly remodeled Wee Care space
- Expanded childcare areas with new furnishings on second floor

Since April 6th, essential workers have been using our all-day, school aged childcare. Tim Williams, Postmaster of Whitesville, KY weighs in, "In a time of world crisis, the YMCA once again provided support and comfort to our community reeling in uncertainties. YMCAs are the backbone of every community, and a model of how we should treat each other."



-Tim  
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