



Owensboro Family YMCA Gymnastics Program

Develop new skills or perfect your current skills at the Owensboro Family YMCA's gymnastics program!

Wednesdays in January

4:15-5:00PM (Beginner)

5:15-6:00PM (Intermediate)

Ages: 5-10 yrs. (max 8/session)

January Only (6th, 13th, 20th, 27th)

\$40 members

\$60 non-members

1st class Beginner

Cartwheels

brides & kickovers

roundoffs

forward & backwards rolls

2nd class Intermediate

back walk over

front walk over

back handsprings

back extension roll

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