



November Pool Scedule
Pool @ Owensboro Family YMCA
 November 1st - November 30th

900 Kentucky Parkway
 Owensboro, KY 42301
 (270) 926-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
7am	Open Swim (All Lanes) Mackenzie Morris 7am - 10am	Open Swim (All Lanes) Mackenzie Morris 7am - 10am	Open Swim (All Lanes) Mackenzie Morris 7am - 10am	Open Swim (All Lanes) Mackenzie Morris 7am - 10am	Open Swim Mackenzie Morris 7am - 1pm	Open Swim (All Lanes) Mackenzie Morris 7am - 8:30am	
8am						Parent-Tot Swim (2 Lanes Open) Mackenzie Morris 8:30am - 9am	
9am						Open Swim (All Lanes) Mackenzie Morris 9am - 4pm	
10am	Aquacise Jack Thayer 10am - 11am	Aquacise Jack Thayer 10am - 11am	Aquacise Jack Thayer 10am - 11am	Aquacise Jack Thayer 10am - 11am			
11am	Open Swim (All Lanes) Mackenzie Morris 11am - 1pm	Open Swim (All Lanes) Mackenzie Morris 11am - 1pm	Open Swim (All Lanes) Mackenzie Morris 11am - 1pm	Open Swim (All Lanes) Mackenzie Morris 11am - 1pm			
1pm	Aquacise Kim Simmons 1pm - 2pm	Aquacise Kim Simmons 1pm - 2pm	Aquacise Kim Simmons 1pm - 2pm	Aquacise Kim Simmons 1pm - 2pm			Open Swim (All Lanes) Mackenzie Morris 1pm - 4pm
4pm	Open Swim (All Lanes) Mackenzie Morris 4pm - 7:30pm	Open Swim (All Lanes) Mackenzie Morris 4pm - 7:30pm	Open Swim (All Lanes) Mackenzie Morris 4pm - 7:30pm	Open Swim (All Lanes) Mackenzie Morris 4pm - 7:30pm	Open Swim (All Lanes) Mackenzie Morris 4pm - 7:30pm		
6pm	Aquacise Jack Thayer 6:30pm - 7:30pm		Aquacise Jack Thayer 6:30pm - 7:30pm				

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.