



**October Pool Schedule**  
**Pool @ Owensboro Family YMCA**  
 October 1st - October 31st

900 Kentucky Parkway  
 Owensboro, KY 42301  
 (270) 926-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
7am	<b>Open Swim (All Lanes)</b> Mackenzie Morris 7am - 10am	<b>Open Swim (All Lanes)</b> Mackenzie Morris 7am - 10am	<b>Open Swim (All Lanes)</b> Mackenzie Morris 7am - 10am	<b>Open Swim (All Lanes)</b> Mackenzie Morris 7am - 10am	<b>Open Swim</b> Mackenzie Morris 7am - 1pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 7am - 8:30am	
8am						<b>Parent-Tot Swim (2 Lanes Open)</b> Mackenzie Morris 8:30am - 9am	
9am						<b>Open Swim (All Lanes)</b> Mackenzie Morris 9am - 4pm	
10am	<b>Aquacise</b> Jack Thayer 10am - 11am	<b>Aquacise</b> Jack Thayer 10am - 11am	<b>Aquacise</b> Jack Thayer 10am - 11am	<b>Aquacise</b> Jack Thayer 10am - 11am			
11am	<b>Open Swim (All Lanes)</b> Mackenzie Morris 11am - 1pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 11am - 1pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 11am - 1pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 11am - 1pm			
1pm	<b>Aquacise</b> Kim Simmons 1pm - 2pm	<b>Aquacise</b> Kim Simmons 1pm - 2pm	<b>Aquacise</b> Kim Simmons 1pm - 2pm	<b>Aquacise</b> Kim Simmons 1pm - 2pm			<b>Open Swim (All Lanes)</b> Mackenzie Morris 1pm - 4pm
4pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 4pm - 7:30pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 4pm - 7:30pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 4pm - 7:30pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 4pm - 7:30pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 4pm - 7:30pm		
6pm	<b>Aquacise</b> Jack Thayer 6:30pm - 7:30pm		<b>Aquacise</b> Jack Thayer 6:30pm - 7:30pm				

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.