



**August Pool Schedule**  
**Pool @ Owensboro Family YMCA**  
 August 1st - August 31st

900 Kentucky Parkway  
 Owensboro, KY 42301  
 (270) 926-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>7am</b>	<b>Open Swim (All Lanes)</b> Mackenzie Morris 7am - 10am	<b>Open Swim (All Lanes)</b> Mackenzie Morris 7am - 10am	<b>Open Swim (All Lanes)</b> Mackenzie Morris 7am - 10am	<b>Open Swim (All Lanes)</b> Mackenzie Morris 7am - 10am	<b>Open Swim</b> Mackenzie Morris 7am - 1pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 7am - 8:30am	
<b>8am</b>						<b>Parent-Tot Swim (2 Lanes Open)</b> Mackenzie Morris 8:30am - 9am	
<b>9am</b>						<b>Open Swim (All Lanes)</b> Mackenzie Morris 9am - 4pm	
<b>10am</b>	<b>Aquacise</b> Jack Thayer 10am - 11am	<b>Aquacise</b> Jack Thayer 10am - 11am	<b>Aquacise</b> Jack Thayer 10am - 11am	<b>Aquacise</b> Jack Thayer 10am - 11am			
<b>11am</b>	<b>Open Swim (All Lanes)</b> Mackenzie Morris 11am - 1pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 11am - 1pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 11am - 1pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 11am - 1pm			
<b>1pm</b>	<b>Aquacise</b> Kim Simmons 1pm - 2pm	<b>Aquacise</b> Kim Simmons 1pm - 2pm	<b>Aquacise</b> Kim Simmons 1pm - 2pm	<b>Aquacise</b> Kim Simmons 1pm - 2pm			<b>Open Swim (All Lanes)</b> Mackenzie Morris 1pm - 4pm
<b>4pm</b>	<b>Open Swim (All Lanes)</b> Mackenzie Morris 4pm - 7:30pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 4pm - 7:30pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 4pm - 7:30pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 4pm - 7:30pm	<b>Open Swim (All Lanes)</b> Mackenzie Morris 4pm - 7:30pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.